

Sage Juice Bar

Drinks

Voss Bottle Water	\$2.75
Apple Kombucha	\$6.00
Ginger Kombucha	\$6.00
Satsuma Kombucha	\$6.00
Cocnut Water	\$4.00
Topo-Chico Original	\$2.50
Lemonade	\$2.00
Topo-Chico Lime	\$2.50
Ginger Ale	\$2.00
Orange Juice	\$5.00
Sierra Mist	\$2.00
Freshly Squeezed Orange Juice	\$7.00
Pepsi	\$2.00
Diet Pepsi	\$2.00
Dr. Pepper	\$2.00
Sweet Tea	\$2.00
Unsweet Tea	\$2.00

Smoothie Bowls

Fiesta Bowl	\$13.00
<i>banana rolled oats blue spirulina vanilla almond milk topped with; granola, banana, blueberry, kiwi, coconut flakes, local honey, chia seeds, almond butter</i>	
Rose Bowl	\$13.00
<i>acai berry banana strawberry blueberry topped with; granola, strawberry, raspberries, mint, coconut flakes, local honey, chia seeds</i>	
Sugar Bowl	\$13.00
<i>banana cocoa powder almond milk peanut butter topped with; banana, coconut flakes, local honey, peanut butter, chia seeds, cocoa nibs</i>	
Orange Bowl	\$13.00
<i>acai berry orange juice mango pineapple topped with; banana, orange slices, coconut flakes, local honey, chia seeds</i>	

Wraps

Thai Peanut Chicken	\$11.00
<i>roasted chicken cashews kale sprouts thai peanut sauce</i>	
Title Turkey	\$11.00
<i>sliced turkey sliced tomato kale feta garlic mayo</i>	
The Herbivore	\$10.00
<i>hummus spinach kale sprouts tomato cucumber creamy Italian dressing</i>	
The Omnivore	\$11.00
<i>Turkey, avocado, smoked bacon, arugula, tomato, garlic mayo</i>	
The Carnivore	\$12.00
<i>salami, deli pepperoni, ham, smoked gouda, evoo, oregano, chipotle mayo</i>	

Hybrids

(hybrids are a cross between a juice

Toast

The Classic	\$7.00
<i>avocado chili flakes black pepper sea salt</i>	
Everything But The Bagel	\$8.00
<i>cream cheese sprouts tomato chia seeds everything bagel seasoning sea salt black pepper</i>	
The Kick	\$9.00
<i>avocado sprouts pepitas chia seeds chili flakes sea salt diced radish hot honey</i>	
The Sweet Tooth	\$8.00
<i>cream cheese strawberries sea salt black pepper local honey</i>	

Paninis

The Heart of Dixie Panini	\$12.00
<i>ciabatta sliced turkey garlic mayo roasted red peppers gouda arugula</i>	
Caprese Panini	\$13.00
<i>ciabatta fresh basil tomato arugula fresh mozzarella pesto balsamic drizzle</i>	
Ham & Cheese Panini	\$10.00
<i>sourdough sliced deli ham honey mustard gouda american cheddar</i>	
Gourmet Grilled Cheese	\$9.00
<i>sourdough gouda american cheddar sliced dill pickles garlic mayo</i>	

Salad

Botanical Boost	\$10.00
<i>kale spinach arugula basil dried cranberries feta cheese candied pecans strawberries creamy italian dressing</i>	
Thai Peanut Chicken Salad	\$13.00
<i>kale, baby spinach, roasted chicken, house thai peanut sauce, cashews, sprouts, cilantro</i>	

Elixir Shots

Anti-Inflammatory Shot	\$5.00
<i>turmeric root coconut water pineapple lemon ginger</i>	
Tummy Tamer Shot	\$5.00
<i>grapefruit ginger lemon local honey alkaline water</i>	

Fresh Juice

Immunity Juice	\$11.00
<i>romaine spinach cucumber apple lemon pineapple ginger kale</i>	
Celery Fix	\$11.00
<i>celery romaine ginger lemon</i>	
Liver Rescue	\$10.00
<i>beet carrot apple lemon romaine</i>	
Cold Kicker	\$11.00
<i>grapefruit apple lemon ginger cayenne local honey</i>	
Saving Grace	\$10.00
<i>pineapple apple mint coconut water cayenne</i>	
Optic Boost	\$10.00
<i>carrot apple kale ginger</i>	

Power Ball Bites

Energy Power Ball Bite	
<i>dates peanut butter cocoa powder cashews agave chia seeds</i>	
Stamina Power Ball Bite	
<i>shredded coconut dates cashews agave vanilla oats</i>	
Glow Power Ball Bite	
<i>dates hemp seeds turmeric agave oats cinnamon chia seeds dark chocolate</i>	

Grain Bowls

Proteins: chicken, lentils, black beans, edamame. Grains N More: pumpkin seeds, chia seeds, sliced almonds, seasonal berries, cilantro Vegetables: southwest corn medley, tomato, carrot, sweet potato Cheese: feta, queso fresco Drizzles: creamy cilantro lime, creamy italian, sweet ginger

The Harvest	\$13.00
<i>brown rice quinoa kale spinach lentils topped with; edamame, carrots, sweet potato, sweet ginger drizzle</i>	
The Sunset Boat Cruise	\$13.00
<i>brown rice quinoa kale spinach chicken topped with; red onion, seasonal berries, sliced almonds, feta, creamy italian drizzle</i>	
The Southern Belle	\$13.00
<i>brown rice quinoa kale spinach chicken topped with; southwest corn medley, black beans, cilantro, tomato, quest fresco, creamy cilantro lime drizzle</i>	
Thai Peanut Bowl	\$13.00
<i>brown rice quinoa spinach kale topped with: roasted chicken house thai peanut sauce cashews sprouts cilantro</i>	
Make It Your Own (Custom Bowl)	\$13.00
<i>brown rice quinoa kale spinach choice of protein topped with choice of; two vegetables, cheese, drizzle</i>	

Smoothies

Cabana-Berry	\$9.00
<i>banana pineapple strawberry coconut water</i>	
Nutty Lunch	\$9.00
<i>banana peanut butter almond milk juiced apple berry of choice</i>	
Jolted Java	\$10.00
<i>banana coffee vanilla whey dates almond milk</i>	
Holy Cacao	\$10.00
<i>banana cocoa powder cocoa nibs almond milk option to add peanut butter</i>	
Magic Matcha	\$10.00
<i>banana pineapple kale spinach vanilla whey matcha coconut water</i>	
Heavy Metal Detox	\$11.00

and a smoothie, they are made with fresh juice and blended with frozen fruit which offers a slightly thicker consistency but still very nutrient dense)

- Mint For Me \$11.00
mint spinach mango pineapple apple juice ginger coconut water
- Well-Being \$11.00
cucumber kale apple juice lemon spinach spirulina pineapple ginger mango coconut water bee pollen
- Mean Greens \$11.00
kale spinach jalapeno pineapple lime apple juice coconut water

- Sage Punch \$10.00
watermelon apple pineapple orange
- H2Blue \$10.00
pineapple cucumber coconut water blue spirulina pink salt

wild blueberries banana cilantro orange juice barley grass powder spirulina atlantic dulse

Boosted Brunch

- Saturday & Sunday 11am-2pm**
- Hail Mary Breakfast Panini \$13.00
egg ham bacon avocado spread mustard garlic mayo gouda american cheese
- Traditional Breakfast Panini \$10.00
egg bacon mustard garlic mayo gouda
- Powered Up Classic Toast \$9.00
avocado spread cracked pepper spinach crushed red pepper scrambled egg
- Sunrise Bowl \$13.00
brown rice quinoa kale spinach topped with: crushed red pepper feta scrambled egg creamy italian drizzle
- Breakfast Tacos \$11.00
scrambled egg bacon fajita pepper medley fresh jalapeno roasted corn salsa queso fresco chipotle mayo